



Seven Ways of Learning

Word Smart (Linguistic)

Read about it, write about it, talk about it, listen to it

Through...verbal presentations, large-small group discussions, books, worksheets, writing activities, word games, research, student reports, storytelling, publishing newsletters, using computers, journal writing, choral reading, debates.

Number Smart (Logical-Mathematical)

Quantify it, conceptualize it, think critically about it

Through...classifying or categorizing subject matter, logical puzzles or games, creating codes, scientific demonstrations, problem solving, Socratic questioning, etc.

Picture Smart (Spatial)

See it, draw it, visualize it, color it, mind-map it, symbolize it

Through...charts, graphs, maps, diagrams, photography, slides, visual puzzles, painting, drawing, collages, montage, art prints, illustrating, graphic symbols, video, etc.

Body Smart (Bodily-Kinesthetic)

Act it out, dance it, build it, touch it

Through drama, puppets, mime, creative movement, signing, crafts, role playing, competitive and cooperative games, hands-on activities of all kinds, building projects, physical expression, sculpting with clay, etc.

Music Smart (Musical)

Sing it, rap it, play it, listen it

Through ...singing, humming, playing musical instruments, rhythms, creating songs, listening to recordings, background music, group singing, etc.

People Smart (Interpersonal)

Teach it, discuss it, collaborate on it, interact with respect to it

Through...cooperative group activity, board games, peer coaching, simulations, conflict mediation, interpersonal interaction, group brainstorming, group planning, conversation, etc.

Self Smart (Intrapersonal)

Think about it, connect it to one's personal life, make choices regarding it

Through...independent study, self-paced instruction, individualized projects and games, journal keeping, self-esteem activities, personal goal setting, application to personal life, etc.